



Basketball Camp



Camp Directors

Heather Podosek - Head Coach Paint Branch High School

Walter Hardy – Head Coach Paint Branch High School

When

July 6-9

Time

9:00 – 3:00

Where

Paint Branch High School

Main Gymnasium

14121 Old Columbia Pike

Burtonsville, Md. 20866

Why

The Panther Basketball Camp is designed to give young basketball players the opportunity to develop their basketball skills, total game knowledge and have fun learning. This camp is designed to prepare each camper for that next level and make camp an enjoyable experience.

Coach Podosek

Coach "P" is the head girls' basketball coach at Paint Branch HS where she has coached for the past 13 years with an 82 % winning percentage. Her teams have been to the regional finals 11 out of the last 12 years winning 2 state championships, 2 runner up trophies, and 8 final four appearances. Coach Podosek has been coaching for 25 years and has won over 300 games. She was named 2008 All-Met Coach of the Year and County Coach of the Year. Her success has been built on a commitment to fundamentals and excellence on and off the court. The Panther coaching Staff is committed to developing the total student-athlete and becoming productive citizens has been the foundation of Paint Branch Basketball.

Coach Hardy

Coach Hardy enters his 12th year as the Boys Varsity Basketball head coach. As a player at PBHS, Coach Hardy went to the state finals his senior year. He started coaching under former head coach Hank Galotta in 1992, coaching the Junior Varsity to a 55-55 record over a six year span. He took over for Coach Galotta in 1998 when Galotta was named Athletic Director. In 2000, Coach Hardy led the Panthers to their second ever State Championship and the Panthers were ranked 5th in the Washington Post. Coach Hardy also was named All-Met Coach of the Year. Coach has had several players play in NCAA Division I (Seye Aluko - Howard, Fred Lymas - Morgan State, and Jamaal Wise - Rhode Island). Coach Hardy's career record going into the 2009-2010 season is 181-85. Mr. Hardy teaches Tech. Ed. at Paint Branch, and also coaches the Boys Volleyball and JV Girls Volleyball teams.

Sample Daily Schedule

| | |
|-------|----------------------------------|
| 9:00 | Arrival & individual instruction |
| 9:15 | Roll call & dynamic warm-up |
| 9:40 | Stations |
| 11:00 | Games/Competitions |
| 11:45 | Lecture |
| 12:00 | Lunch |
| 12:30 | Full ct skills |
| 1:30 | Games |
| 2:30 | Position Work |
| 3:00 | Dismissal |



Panther Summer Camps 2010



| Dates | Sport | Location | Coach | Times | Cost | Ages | Cost |
|------------------------------|----------------------|--------------|---------------|----------|-------|-----------|-------------|
| June 21-25 | Football | Banneker | Nesmith | 9AM-3PM | \$170 | 8-14yrs. | |
| June 28-July 2 | Coed Basketball | Paint Branch | Coleman | 9AM-3PM | \$170 | 8-14yrs. | |
| June 28-July 2 | Coed Soccer | Banneker | Brooks | 9AM-3PM | \$170 | 8-17yrs. | |
| July 6-9 | Coed Basketball | Paint Branch | Hardy/Podosek | 9AM-3PM | \$135 | 8-14yrs. | |
| July 12-16 | Baseball | Banneker | Rey | 9AM-3PM | \$170 | 8-14yrs. | ____ Week 1 |
| July 19-23 | | | | | | | ____ Week 2 |
| July 12-16 | Softball | Banneker | Wiles | 9AM-3PM | \$170 | 8-14yrs. | ____ Week 1 |
| July 19-23 | | | | | | | ____ Week 2 |
| July 26-30 | Girls Lacrosse | Banneker | Prietz | 9AM-3PM | \$170 | 8-14yrs. | |
| Aug 2-6 | Speed & Conditioning | Paint Branch | Brooks | 8AM-12AM | \$115 | 10-17yrs. | |
| TOTAL AMOUNT OF CHECK | | | | | | \$ | |

Camper Information

Name: _____ DOB: _____ Age: _____ Gender: _____

Guardian Information

Name (s): _____

Home: _____ Cell: _____ Work: _____

Email: _____

THE FOLLOWING MUST BE COMPLETED BY A PARENT OR GUARDIAN:

I have had my child examined and certify that _____ is in good health and give my permission to participate in the activities during Panther Camps. I authorize Panther Camps and their coaching staff to seek medical attention if they feel it is necessary. I also release Panther Camps and their staff (coaches, trainers and managers) from any and all claims of injury sustained during the camp.

(Parent/Guardian Signature)

(Date)

Does your son/daughter have medical insurance? _____

Does your son/daughter have any medical limitations? _____

Payment options:

- **Make Checks Payable to:**
Panther Camps: P.O. Box 421 Burtonsville, Md. 20866
- **Register Online:** Log on to www.PantherCamps.com to pay by credit card.

Cancellation Policy- A \$25 administrative fee will be charged for any cancellations.

Questions?? Contact Camp Director Tommy Rey at (301) 317-6064 or email at PantherCamps@gmail.com