



# Basketball Camp



## **Camp Directors**

Rochelle Coleman – Paint Branch JV Basketball Coach

## **When**

June 28-July 2

## **Time**

9:00 – 3:00

## **Where**

Paint Branch High School

Main Gymnasium

14121 Old Columbia Pike

Burtonsville, Md. 20866

## **Why**

The Panther Basketball Camp is designed to give young basketball players the opportunity to develop their basketball skills, total game knowledge and have fun learning. This camp is designed to prepare each camper for that next level and make camp an enjoyable experience.

## **Coach Coleman**

Coach Coleman has completed her third year on the Paint Branch Girls Basketball Staff and her first as the head JV coach. Coach Coleman graduated from Paint Branch in 2001. She played 4 years in the Big East at Syracuse University then played professionally in the Netherlands. After her playing career she coached at Slippery Rock University before returning to Burtonsville to begin her new business "Rochelle's Athletic Consulting." While at Paint Branch Coach Coleman led the team to the 2001 State Championship and was named a Washington Post All-Met.

## **Camp Specifics**

- We will provide basketballs, camp t-shirt, hard work, and fun
- Campers should bring lunch.
- Water will be provided.
- Each Camper will receive daily instruction on individual fundamentals, game skills and knowledge, and life skills.

## **Sample Daily Schedule**

9:00	Arrival & individual instruction
9:15	Roll call & dynamic warm-up
9:40	Stations
11:00	Games/Competitions
11:45	Lecture
12:00	Lunch
12:30	Full ct skills
1:30	Games
2:30	Position Work
3:00	Dismissal



# Panther Summer Camps 2010



Dates	Sport	Location	Coach	Times	Cost	Ages	Cost
June 21-25	Football	Banneker	Nesmith	9AM-3PM	\$170	8-14yrs.	
June 28-July 2	Coed Basketball	Paint Branch	Coleman	9AM-3PM	\$170	8-14yrs.	
June 28-July 2	Coed Soccer	Banneker	Brooks	9AM-3PM	\$170	8-17yrs.	
July 6-9	Coed Basketball	Paint Branch	Hardy/Podosek	9AM-3PM	\$135	8-14yrs.	
July 12-16	Baseball	Banneker	Rey	9AM-3PM	\$170	8-14yrs.	____ Week 1
July 19-23							____ Week 2
July 12-16	Softball	Banneker	Wiles	9AM-3PM	\$170	8-14yrs.	____ Week 1
July 19-23							____ Week 2
July 26-30	Girls Lacrosse	Banneker	Prietz	9AM-3PM	\$170	8-14yrs.	
Aug 2-6	Speed & Conditioning	Paint Branch	Brooks	8AM-12AM	\$115	10-17yrs.	
<b>TOTAL AMOUNT OF CHECK</b>						<b>\$</b>	

### Camper Information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

### Guardian Information

Name (s): \_\_\_\_\_

Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

### THE FOLLOWING MUST BE COMPLETED BY A PARENT OR GUARDIAN:

I have had my child examined and certify that \_\_\_\_\_ is in good health and give my permission to participate in the activities during Panther Camps. I authorize Panther Camps and their coaching staff to seek medical attention if they feel it is necessary. I also release Panther Camps and their staff (coaches, trainers and managers) from any and all claims of injury sustained during the camp.

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

Does your son/daughter have medical insurance? \_\_\_\_\_

Does your son/daughter have any medical limitations? \_\_\_\_\_

### Payment options:

- **Make Checks Payable to:**  
Panther Camps: P.O. Box 421 Burtonsville, Md. 20866
- **Register Online:** Log on to [www.PantherCamps.com](http://www.PantherCamps.com) to pay by credit card.

**Cancellation Policy-** A \$25 administrative fee will be charged for any cancellations.

**Questions??** Contact Camp Director Tommy Rey at (301) 317-6064 or email at [PantherCamps@gmail.com](mailto:PantherCamps@gmail.com)